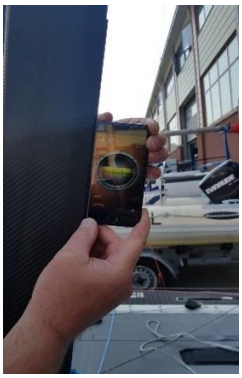
NACRA 570

Trimsheet

Conditions		Mast						Jib
Sea state	wind strength	Mast rake*	Diamond tension	spreader angle for crew weight on board*			forstay tension	Jib block position on beam
				130	150	170		
flat	3 to 8 knots	5,2°	170kg	55mm	45mm	35mm	100kg	inboard
	8 to 12 knots	5,2°	190kg	55mm	45mm	35mm	100kg	inboard
	12 to 18 knots	5,6°	220kg	55mm	45mm	35mm	100kg	middle
	18 to 25 knots	5,6°	250kg	55mm	45mm	35mm	100kg	outboard
medium	3 to 8 knots	5,2°	170kg	55mm	45mm	35mm	100kg	inboard
	8 to 12 knots	5,2°	190kg	55mm	45mm	35mm	100kg	inboard
	12 to 18 knots	5,6°	220kg	55mm	45mm	35mm	100kg	middle
	18 to 25 knots	5,6°	250kg	55mm	45mm	35mm	100kg	outboard
large	3 to 8 knots	5,2°	170kg	55mm	45mm	35mm	100kg	inboard
	8 to 12 knots	5,2°	190kg	55mm	45mm	35mm	100kg	middle
	12 to 18 knots	5,6°	220kg	55mm	45mm	35mm	100kg	middle
	18 to 25 knots	5,6°	250kg	55mm	45mm	35mm	100kg	outboard





* Mast rake can be measured by measuring the angle difference between transom and mast. This needs to be done with 100kg forestay tension and can be done with your phone by using a level app. Always measure rake with the mast rotatated in the middle